FRIENDS OF THE NATIONAL INSTITUTE OF NURSING RESEARCH

NIGHTINGALA 2016

October 19th

Grand Hyatt Hotel

Washington, DC

AMERICAN NURSES...

HEALING THE NATION THROUGH SCIENCE

MedStar Health is proud to support the Friends of the National Institute of Nursing Research at this year's NightinGala.

MedStar Health's 8,700 nurses are dedicated to high-quality patient care, and are creating the future of nursing practice.

Tonight, we congratulate the award winners on your scientific achievements, which improve the health of patients everywhere.

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FRIENDS OF THE NATIONAL INSTITUTE OF NURSING RESEARCH

The Friends of the National Institute of Nursing Research (FNINR) is an independent, non-profit organization founded in 1993. FNINR's mission is to provide resources to support nursing research and advance the mission of the NINR. The Friends seek to support research-based nursing practice by educating nursing professionals and the public about the advances made through nursing research and its benefits to patients, families, the community and the delivery of health care.

Nurse researchers are grounded in clinical nursing practice and focused on the physical, mental, emotional and social needs of patients. They recognize the illness and the presence of health risk factors affecting the overall well-being of individuals.

The health care community faces new challenges and opportunities to improve patient care each year. With the continuing leadership provided by NINR and the support of FNINR, nurse researchers will continue to contribute to the enhanced health and well-being of all Americans, especially in a time when cost-effectiveness and quality of care are equally championed by the public and the Nation's decision makers.

THE NATIONAL INSTITUTE OF NURSING RESEARCH

The National Institute of Nursing Research (NINR) was established as a Center at the National Institutes of Health (NIH) and as an Institute in 1993. This placement among the 27 Institutes and Centers within the NIH has added a new scientific perspective to enrich the Nation's biomedical and behavioral research endeavors.

NINR's mission is to promote and improve the health of individuals, families, communities, and populations. The mission is accomplished through support of research in scientific areas such as chronic and acute diseases, health promotion and maintenance, symptom management, health disparities, caregiving, self-management, and the end of life. NINR also supports the training of new investigators who bring new ideas and help to further expand research programs. The ultimate goal of NINR's research is its dissemination into clinical practice and into the daily lives of individuals and families.

From the FNINR President

As we gather for our annual Gala, the entire FNINR Board of Directors and staff welcome you to this celebration of nursing science. The Gala serves several important purposes. Foremost, we honor our partnership with NINR and present top and emerging scientists with awards for breakthrough science. Second, we account for the activities of the past year by summarizing the contributions of FNINR to advance scientific opportunities and resource procurement, primarily on the Hill, but also in other venues. Last, with your encouragement, financial, and spiritual support, we re-dedicate our advocacy passions linked directly to NINR and nurse scientists.

Please review the names of each award winner presented in the program and pay close attention to the handout that accompanies this program. It was developed as a take-away for the first ever Nursing Caucus, where members of Congress met with representatives from our board, ambassadors, and other scientists/dignitaries such as Bill Novelli, who gave a profound and moving presentation. The event was made possible through a generous contribution made during this very Gala a year ago by two legendary visionaries for nursing science: Dr. Colleen Conway-Welsh and Louise Woerner. We know that hosting the Congressional Nursing Caucus made an impact – but it only touches the surface of what we can do into the future with your support. The FNINR Ambassadors were vibrant and active in spreading the message of scientific impact led by nurses in multiple venues, but particularly in Congress.

This is my last message to you as President of FNINR. It has been an honor to serve. I was blessed with a Board who represents breadth and depth of ideas – people who put into action their passion for science. Many may not realize that each Board member bears the burden of time, finances, and considerable talent in service to the NINR agenda. Each has forever inspired and taught me so much and are treasures in my life. Susan Dove and her team at Dove Associates also deserve my heartfelt recognition. Her organization has stayed with FNINR through shifting times, some quite challenging, but always rewarding in the long haul. The service Susan, Teresa, and the team provides is always given willingly, with a sense of shared pride for our mission, and with sparse dollars to accomplish so much.

In closing, the leadership of Karen Drenkard as incoming President, and each Board member will shine new energy on the work that must be done. The public must reach new heights in valuing the contributions that nurses make as scientists. Congress must fund nursing science in a more equitable way, with deep knowing of the value proposition and contributory that nurses who generate science produce. *ALL nurses must value and give voice to the outcomes associated with scientific discovery.*

Human need for evidence-based nursing care is mounting with each passing year. The human/intellectual/social justice capacity of nurses to advance curative and preventive interventions has never been stronger. But our pipeline needs the next generation to carry on and advance new scientific traditions. Technology as intervention, technology as a scientific tool, and technology as the bridge to personalized medicine augments our capacity as caregivers to address the profound health and illness issues facing a world that is less and less geographically defined. Enjoy this celebration tonight, for in this room sit the Einsteins of nursing.

MICHAEL R. BLEICH
PhD, RN, FAAN

Over the past year, the National Institute of Nursing Research has commemorated its 30th Anniversary at the National Institutes of Health. This year has been a time for reflection, a time for celebration, and a time for imagining what the next 30 years may hold for nursing science in its continuing mission to improve the health and quality of life for individuals, their families, and their caregivers. We have recognized the achievements of the past: finding gender differences in pain management; helping adolescents cope with diabetes; reducing risk behaviors for HIV; and improving transitional care for older adults, to name just a few. And we have started our journey toward the future with the release of the new NINR Strategic Plan: *Advancing Science, Improving Lives*.

The new Strategic Plan describes NINR's vision for the future of nursing science. It focuses on areas in which the needs are greatest, and in which we believe NINR-supported science can have the largest impact. It reflects the long-standing focus areas of nursing science — symptom science, wellness, self-management, end-of-life and palliative care. It calls for the continued development of the 21st-century nurse scientists workforce, one that is innovative, inter-disciplinary, and diverse. It describes future research goals, in which nurse scientists can use their expertise in clinical research and team-based science, and their understanding of the relationship between behavior and biology to further expand the reach and impact of nursing science in the larger research community.

Our plan for the future also seeks to capitalize on this time of extraordinary opportunity in the health research enterprise as a whole. For instance, nursing science has long emphasized personalized management of symptoms. In this new era of precision health, we are well-positioned to be leaders in tailoring treatments and clinical practice based on genes, environment, and lifestyle. The field of data science is already changing the way that scientists collect, store, and analyze large datasets, which will revolutionize the way we conduct clinical research and clinical trials, and nursing science is already at the forefront of these developments.

It has been a remarkable 30 years. We have achieved much, but there is so much more we will accomplish together. Ours is a noble mission: our science makes people's lives better, day by day, person by person. We are grateful to the many organizations represented here tonight, and particularly to the FNINR and FNINR Ambassadors, thank you for your efforts on behalf of nursing science.

Here's to the next 30 years.

PATRICIA A. GRADY
PhD, RN, FAAN

AMERICAN NURSES: HEALING THE NATION THROUGH SCIENCE

WELCOME AND OPENING REMARKS BY FNINR PRESIDENT
Michael R. Bleich, PhD, RN, FAAN

REMARKS BY NINR DIRECTOR
Patricia A. Grady, PhD, RN, FAAN

DINNER

FNINR 2016 RESEARCH AWARDS
Ada Sue Hinshaw Award

Path-Paver Award

President's Award

Protégé Award

PRESENTED BY: Margaret M. Heitkemper, PhD, RN, FAAN
　　　　　　　Chair, Awards Committee

KEYNOTE ADDRESS
PRESENTED BY: Loretta Sweet Jemmott, PhD, RN, FAAN
　　　　　　　Vice President for Health and Health Equity, Drexel University
　　　　　　　Professor, College of Nursing and Health Professions

CLOSING REMARKS
Michael R. Bleich, PhD, RN, FAAN

LORETTA SWEET JEMMOTT, PHD, RN, FAAN, was recently appointed as Vice President for Health and Health Equity at Drexel University and Professor, College of Nursing and Health Professions. In September, 2015, she retired from a long and successful tenure at the University of Pennsylvania School of Nursing.

Dr. Sweet Jemmott is one of the nation's foremost researchers in the field of HIV/AIDS prevention. Along with her research team, she has received over $100 million in federal funding devoted to designing and evaluating a series of theory driven, culturally competent HIV/STD sexual risk-reduction behavioral interventions with various populations, including African American, Latino, Jamaican, and South African adolescents, women, men, and families. These studies have not only demonstrated remarkable success in reducing HIV/STD risk associated behaviors, but have also reduced the incidence of sexually transmitted diseases.

Dr. Loretta Sweet Jemmott is an outstanding translational researcher, who has had global impact. To date, nine of her evidenced-based HIV/STD and pregnancy prevention curricula have been designated by the Department of Health and Human Services (DHHS) Office of Adolescent Health and the U.S. Centers for Disease Control for national and international dissemination and are used in 50 states across the nation and eight countries across the globe.

Dr. Sweet Jemmott has presented her research to the U.S. Congress at an HIV Prevention Briefing and at the NIH's Consensus Development Conference on Interventions to Reduce HIV Risk Behaviors.

Dr. Sweet Jemmott has received numerous prestigious awards, including the U.S. Congressional Merit Award, the Sigma Theta Tau National Honor Society's Episteme Award, been named an Ambassador for the Friends of the National Institute of Nursing Research, has received recognition by the American Academy of Nursing, and election to membership in the Institute of Medicine, an honor accorded to very few nurses.

Table **HOSTS**

The following schools and organizations have funded one or more tables in support of FNINR.

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College of Nursing

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San Antonio

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University of Washington School of Nursing

University of Wisconsin-Madison
School of Nursing

Vanderbilt University School of Nursing

Villanova University School of Nursing

Virginia Commonwealth University
School of Nursing

Washington State University College of Nursing

Yale University School of Nursing

2016 FNINR AWARDS

ADA SUE HINSHAW AWARD

The Ada Sue Hinshaw Award is the preeminent award given by FNINR in honor of the first permanent Director of the National Institute of Nursing Research, acknowledging the substantive and sustained program of science that affords the recipient recognition as a prominent senior scientist.

PRESIDENT'S AWARD

This year, the President's Award is given by FNINR to acknowledge a nurse scientist leading the advancement of team science.

PATH-PAVER AWARD

The Path-Paver Award is given to a mid-to-late career nurse scientist who has achieved one or more breakthroughs in theory development, research methods, instruments, or subject matter that has paved the way for other scientists and who has influenced and mentored the next generation of nurse researchers.

PROTÉGÉ AWARD

The Protégé Award is given to an evolving nurse scientist who shows great promise in advancing science and who is within the first 10 years of completing either PhD or Post-Doctoral study.

ADA SUE HINSHAW *Award*

VICTORIA CHAMPION, PHD, RN, FAAN, is an internationally known researcher who has a 33 year history of peer reviewed support from the National Institutes of Health and the American Cancer Society for her work in cancer screening and cancer survivorship. Her prolific history of scientific inquiry includes methodological innovations and intervention research that is translated into programs resulting in reductions in cancer morbidity and mortality.

Dr. Champion has been continuously funded by the National Institute of Nursing Research (NINR), National Cancer Institute (NCI) and the ACS for 33 years in cancer screening and cancer survivorship. Starting with cancer screening behaviors, she developed valid and reliable instruments, tested theoretical constructs and models, and led prospective randomized intervention trials to test interactive and tailored interventions which are theoretically driven and cost-effective. She purposefully built her program of research to be greater than the sum of its individual studies by building in two cross cutting threads of reaching underserved minorities and pushing the boundaries of technology-driven interventions. While completing two large studies testing interventions to increase breast cancer screening with low-income African American women, she expanded the theoretical understanding of the role emotion plays in predicting behavior. Dr. Champion's work in this first focal area of cancer screening has been prolifically disseminated in highly respected nursing and interdisciplinary professional journals, presented at a wide variety of international and national venues, and translated internationally to support increased cancer screening.

Her second research focus, symptom management in cancer patients, began in 1995 when she collaborated with Drs. Bill and Barbara Given to test interventions that alleviate the symptoms resulting from cancer and cancer-treatment for both patients and caregivers. With funding from the NIH and ACS, she studied the dimensions of quality of life in national populations of survivors of ovarian germ cell tumors and survivors of breast cancer. These studies were the first externally funded grants to be conducted within the Gynecological Oncology Society and Eastern Cooperative Oncology Group. In the study of breast cancer patients, she recruited survivors diagnosed at 45 and under, survivors diagnosed between 55 and 70, acquaintance controls matched to the younger survivors and partners of all three groups. Her work in this second focal area has also been widely disseminated through publications and presentations and its large number of citations is evidence of its impact on the field.

Dr. Champion's abilities to work collaboratively with others serves as a model for nursing scientists. She has consistently supported nursing research through her service on national committees and boards, including the Department of Defense Integration Panel, American Cancer Society, the Executive Committee for Breast and Cervical Cancer at the Centers for Disease Control and the National Cancer Advisory Board. For the last 25 years, Dr. Champion has been a consummate mentor for future scientists in nursing and other the health sciences and has sponsored and nurtured many young researchers across disciplines.

Currently, Dr. Champion is a Distinguished Professor of Nursing and the Edward and Sarah Stam Cullipher Endowed Chair. She serves as the Associate Director of Cancer Control and Population Sciences at Indiana University Simon Cancer Center. Dr. Champion holds appointments in the Fairbanks School of Public Health, the Regenstreif Institute and the Center for Aging Research. On October 27th, 2016, Indiana University School of Nursing is dedicating a center in her name - the Champion Center for Cancer Research.

Dr. Champion received a PhD, MSN and BSN from Indiana University. Her interdisciplinary approach to cancer research has distinguished her as a pre-eminent researcher in Cancer Prevention and Control and a consummate mentor for interdisciplinary researchers.

PRESIDENT'S *Award*

As a researcher, expert in maternal and child health nursing, and mentor to nursing students, PHYLLIS SHARPS, PHD, RN, FAAN, is at the forefront of community and public health nursing. She is Associate Dean for Community Programs and Initiatives at the Johns Hopkins School of Nursing and Director of the school's nurse-led community health centers. Additionally, Dr. Sharps directs the comprehensive school health programs at the Henderson-Hopkins School and the Weinberg Early Childhood Center in Baltimore.

Internationally known for her work, Dr. Sharps has dedicated her research to understanding the effects of intimate partner violence on the physical and emotional health of pregnant women, infants, and children. With funding from the National Institute of Nursing Research, and the National Institute of Child Health and Human Development, Dr. Sharps tested the Domestic Violence Enhanced Home Visitation, a nurse-led home intervention that was effective in reducing violence among pregnant woman. The study was one of few interventions and randomized control trials globally found to reduce intimate partner against women.

Through her leadership and collaboration, Dr. Sharps has led multidisciplinary teams of scientists in medicine, public health, social work, and nursing. She has published more than 80 articles on improving reproductive health, reducing violence among African-American women, and mitigating the physical and mental health consequences of violence against pregnant and parenting women, infants, and children.

At the policy level, Dr. Sharps has testified before the U.S. Congress regarding health care reform for pregnant women and new mothers, and has accepted appointments to the Institute of Medicine Board on Military and Veterans Health and the Institute of Medicine Committees on the Qualifications of Professionals Providing Mental Health Counseling Services under TRICARE.

Her unique experiences have made her an international expert on the important concerns for female military members returning from war with health problems including post traumatic stress disorder from sexual assault, intimate partner violence, and combat exposure. She has served as the only nurse on an Institute of Medicine interdisciplinary committee focusing on care for military veterans and has offered increased awareness of nursing in team science and the contributions of nursing to national policy agendas.

With a passion for preparing the next generation of nurses and sharing her knowledge, Dr. Sharps led the Minority Health Research Training program at the Johns Hopkins School of Nursing, has consulted for organizations like the Family Violence Prevention Fund and the National Institute of Justice, and has provided cultural competency consultation for research being conducted among African-American communities. She is a Fellow of the American Academy of Nursing and a member of the International Nurse Researcher Hall of Fame, Sigma Theta Tau International Honor Society.

Nationally and internationally recognized, RUTH A. ANDERSON, PHD, RN, FAAN has explored the intersection between care systems and chronic illness, particularly for care of older adults, for more than 25 years. Her expertise includes applying complexity science and adaptive leadership to trajectories of chronic illness and care systems. Although her research has garnered support from numerous agencies, the NINR has funded her research for 13 consecutive years.

Dr. Anderson is exceptional for her impact on nursing, health care, and management sciences. She has used complexity science in four large studies, all conducted by interdisciplinary teams. Discoveries from this work contributed to new research methods for how to accommodate dynamics of real-life settings in a controlled trial. In her early work on RN staffing, care quality, and turnover, she demonstrated that "whole-system" management practices involving frontline, clinical and administrative leaders are necessary to improve resident outcomes and stabilize staff turnover, confirming that the intersection between clinical and management activities is critical to achieving better health outcomes for nursing home residents. Later she engaged in a large comparative case study of nursing homes and proposed new theory about the specific nursing management practices needed and how they work in practice, extending our knowledge about how to use them effectively to improve care outcomes. From this discovery, she and her team developed CONNECT, a multi-component intervention to improve interaction patterns among staff to enhance new information flow, knowledge transfer, and capacity to monitor behaviors in health care settings; they are testing its impact on reduction of resident falls in nursing homes.

Currently, she is using an Adaptive Leadership framework to understand intersections between chronic illness and care systems. Dr. Anderson's work in this area shifts emphasis from provider toward patient, to better equip patients and families for co-producing their own care. In several projects, Dr. Anderson's teams have been developing interventions to help patients and family shape the health care relationship and assume adaptive leadership roles to direct their own care. In one example, she is leading development of a theory-driven dyadic intervention that applies her team's Adaptive Leadership for Chronic Illness model to prepare care partners of individuals with mild dementia to adapt daily self-care activities and to lead them in addressing challenges arising from mild dementia that interfere with accomplishing self-care. In another example, Dr. Anderson is working with a team to apply the adaptive leadership framework to resident/family engagement in nursing homes, particularly focused on residents/families from disadvantaged or underserved groups, identifying new ways of providing care that is resident/family-directed.

Dr. Anderson is the Beerstecher-Blackwell Distinguished Term Professor and Associate Dean for Research at the University of North Caroline at Chapel Hill, School of Nursing. A hallmark of her career is her distinguished record of mentoring doctoral students through dissertation completion and postdoctoral fellows and faculty to independent funding. Her leadership in two NINR funded-Centers and numerous co-authorships with students and faculty has helped drive the shift in healthcare from provider-centrism to patient-centeredness, and her landmark works have defined better standards for chronic illness care. Dr. Anderson's longest-lasting impact will certainly be her encouragement of young nursing scientists as they address healthcare challenges for current and future patients.

PROTÉGÉ *Award*

The 2016 Protégé Award is given to CHRISTOPHER S. LEE, PHD, RN, FAHA, FAAN, FHFSA, a leading nurse scientist in integrative biobehavioral research in cardiovascular disease.

Dr. Lee leads an extensive program of research in heart failure that is focused on symptom science and patients' response to symptoms when they occur. Dr. Lee's innovative approach to research that he calls "biobehavioral profiling" reflects a deep understanding of biological underpinnings of symptomatology as well as contemporary knowledge of advanced statistical techniques that he employs to disentangle heterogeneous responses to heart failure and its therapies. His science has been supported by competitive grants from multiple sources including the American Heart Association, the Office of Research on Women's Health, and the National Institute of Nursing Research.

Dr. Lee's foundational research in heart failure has informed how favorable self-care behaviors in general, and patients' ability to recognize and respond to symptoms in particular, are associated with better biological, patient-oriented and clinical outcomes. Dr. Lee also has made considerable contributions in how we think about patient and caregiver contributions to heart failure care, including identifying three major archetypes of heart failure patient-caregiver dyads using a novel integrative multilevel- and latent mixture modeling approach. These results have enormous potential in moving forward dyadic science wherein interventions can now be tailored to how couples work together to manage heart failure. Finally, Dr. Lee has made major contributions to heart failure symptom science, a line of inquiry that is equally important to study of self-care because we are bereft of insight into how what we can measure objectively about heart failure is related to patients' symptoms or quality of life. Dr. Lee's research in heart failure symptom science has generated new insights into the link between physical and affective symptoms and event-free survival, into gender-specific biomechanical underpinnings of physical symptoms, and bio-typologies of mismatch between objective markers of heart function and heart failure symptoms that were associated with marked increases in clinical event-risk. In his ongoing R01, Dr. Lee is exploring distinct trajectories of change in symptoms and pathogenic biomarkers in patients with advanced heart failure undergoing mechanical circulatory support to better understand who has benefit from this therapy and who does not.

Dr. Lee is currently the Carol A. Lindeman Distinguished Professor/Associate Professor at Oregon Health & Science University School of Nursing and Knight Cardiovascular Institute. He earned a BSN from the University of New Hampshire, and an MSN and PhD from the University of Pennsylvania. Dr. Lee has more than 80 publications and his work has been cited more than 1,300 times. Dr. Lee has received numerous awards and designations for his influential heart failure research and related service including the 2009 Martha Hill Award, 2012 Fellowship (FAHA), 2013 Marie Cowan Award, and the 2015 Atherosclerosis/Heart Failure Translational Research Prize from the American Heart Association, the 2014 Nursing Leadership Award and 2016 Fellowship (FHFSA) in the Heart Failure Society of America, and fellowship in the American Academy of Nursing (FAAN) in 2014.

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Living Legend

Phyllis Sharps
PhD, RN, FAAN

President's
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JoAnne Silbert-Flagg
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#1

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The UMSN community has gratitude for FNINR's support of nursing research and for advancing the mission of NINR.
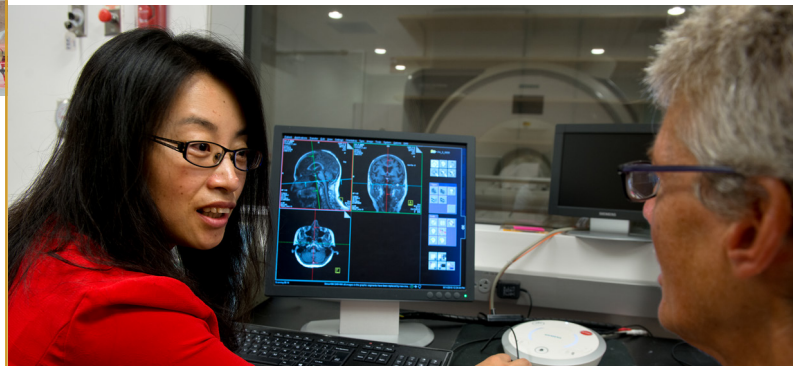
At UMSN, we are focused on the nation's emerging and most pressing health care concerns. Together, nursing scientists can "heal the nation through science."

Health Disparities

Self-management

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Informatics

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WHEN WE LOOK FOR THOSE WHO INSPIRE, ENCOURAGE AND LEAD, WE SIMPLY TURN TO THOSE AROUND US.

CONGRATULATIONS TO ALL OF TONIGHT'S EXCEPTIONAL HONOREES.

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